

Personal, Social, Health and Economic Wellbeing (PSHE) Policy incorporating E-safety

Introduction

The Personal, Social, Health and Economic (PSHE) Curriculum promotes students personal, social and economic development, as well as their health and wellbeing. It helps to give students the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens. Students are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of our school and community. They learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up. It gives students an understanding of the rights and responsibilities that are part of being a good citizen and introduces them to some of the principles of prudent financial planning and understanding. They learn to understand and respect our common humanity, diversity and differences to support the development of effective, fulfilling relationships that are an essential part of lifelong learning.

The Personal, Social, Health and Economic (PSHE) Curriculum taught at the school is delivered in conjunction with the PINK Curriculum written by the Healthy Living and Learning team of Lead Teachers supported by Gloucestershire Local Authority. The curriculum aims to meet the needs of all children and young people in Gloucestershire in primary, secondary and FE settings; it is a 'work in progress', which will be updated and revised frequently. Its aim is to support the development of the necessary skills and knowledge that our children need to lead a happy, safe, healthy life.

The PINK curriculum is free to all schools and settings in Gloucestershire. In addition to the curriculum that has been developed there is an online planning tool, which enables schools to map and plan their Safeguarding/PSHE Curriculum for the academic year. Progress in delivering the curriculum forms part of a review by the Gloucestershire Healthy Living and Learning Team (GHLL).

Personal, Social, Health and Economic Wellbeing (PSHE) Policy incorporating E-safety

The PSHE and Safeguarding Curriculum is divided into three distinct areas:

1. Health and Wellbeing
 - a. Developing risk management
 - b. Understanding personal change and responsibility
2. Relationships
 - a. Understanding the dynamics of healthy relationships
3. Living in the Wider World.
 - a. How media, commerce and social issues shape our understanding of the world

The aims of **Health and Wellbeing** are:

- Know and understand what constitutes a healthy lifestyle.
- Know how to maintain physical, mental and emotional health and wellbeing.
- Be aware of safety issues, including how to respond in an emergency.
- Know how to manage change, including puberty, transition and loss.

The aims of **Relationships** are:

- Develop and maintain a variety of healthy relationships within a range of social and cultural contexts.
- Know how to recognise and manage emotions within a range of relationships.
- Know how to recognise risky or negative relationships, including all forms of bullying and abuse, and ask for help.
- Know how to respect equality and diversity in relationships.

The aims of **Living in the Wider World** are:

- Know the importance of responsible behaviour and actions.
- Be responsible and independent members of the school community.
- Be positive and active members of a democratic society.
- Know about the importance of respecting and protecting the environment.
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues.
- Develop good relationships with other members of the school and the wider community.
- Know about where money comes from, keeping it safe and the importance of managing it effectively.
- Have a basic understanding of enterprise.

Personal, Social, Health and Economic Wellbeing (PSHE) Policy incorporating E-safety

Progression in PSHE

PSHE (like SMSC) is embedded throughout daily life at Cotswold Chine School. We model positive relationships, self-image and communication skills with others in all our day-to-day interactions, as well as teaching skills explicitly in PSHE/SMSC Lesson, and further promoted through school assembly themes and topics.

Students at all Key Stages follow the three main areas stated above. Further details of the coverage for each Key Stage can be found in the GHLL PSHE handbook available on request. Key Stage 4 students have the option of obtaining AQA accreditation in PSHE. Sex and Relationship Education is an important aspect of the PSHE Curriculum ([see e-safety and Relationship Policy](#)) with progression in understanding being developed through planned series of Units.

Organisation of teaching

PSHE is taught to each class group by class teachers who have appropriate subject knowledge in this subject area. The whole school PSHE Curriculum is overseen by the PSHE Coordinator in consultation with the overall Curriculum Coordinator and the Head Teacher.

Teaching times

Key Stages 2, 3, 4 and 5

There is provision for PSHE/SMSC daily for 45 minutes.

Time may vary from student to student due to extraction for music, therapy sessions or PE.

It is also taught through whole school assemblies, where a range of different topics relevant to the PSHE Curriculum are discussed. Aspects of the PSHE curriculum are also covered within individual therapy sessions according to each student's needs and emotional development.

Assessment

The principle used when assessing students' work is the B-Squared Connecting Steps programme used by the school. Students are assessed prior to learning taking place and continually monitored throughout the year. Teachers give ongoing feedback to students by highlighting their achievements and by giving constructive advice regarding future areas for improvement. Students are given many different opportunities to present their ideas, knowledge and understanding. These include posters, role play, oral

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contributions, drama and written work. Evidence is collected often through teacher evidence which is recorded after sessions.

Cross Curricular Links

Within the Scheme there are opportunities to develop skills in English through activities which encourage enquiry and communication, using sources of information and discussing and presenting arguments. Students also have opportunities to develop their Computing skills through activities that focus on research using IT based information, handling data, e-mail for communication and exchange of ideas. Safe use of the internet is also discussed including the dangers of chat rooms, the giving of personal details and cyber bullying in particular. Links with Science include health issues such as the dangers of smoking and alcohol, drugs (including medicines), and sex and relationship education. In addition, the PSHE Curriculum compliments the Citizenship Schemes of Work, SMSC and British Values.

Community links

The PSHE Curriculum gives students the opportunity to visit a range of local facilities in relation to health and understanding money and finances. These include local banks and building societies, police station, doctors, dentists, health facilities, leisure centres and local supermarkets.

Personal, Social, Health and Economic Wellbeing (PSHE) Policy incorporating E-safety

Inclusion/equal opportunities

The school aims to give every student the opportunity to experience success and achieve as high a standard as possible, regardless of gender, race, religion, disability or social background.

In order to do this, the school:

- teaches the knowledge, skills and understanding that suit students' abilities and needs in order to challenge them;
- is flexible in choosing lesson content from a suitable level and key stage;
- uses materials that are free from discrimination or stereotyping;
- sets high expectations and provides opportunities for all students to achieve, including boys; girls; students with SEN or disabilities; students from all social, cultural and linguistic backgrounds and more able students;
- uses a range of organisational approaches, such as grouping or individual 1 to 1 work to ensure learning needs are appropriately addressed;
- plans work that builds on previous learning interests and experiences of students.

Role of the PSHE Coordinator ensures that:

- all teachers are equipped to teach PSHE either as a specialist subject or through other subjects of the National Curriculum;
- they provide advice and support to teachers;
- all teachers have similar expectations;
- they regularly update the policy in light of any school, local or national changes;
- they monitor the progress students make over a period of time;
- they audit and appraise the quantity and quality of resources.

Health and Safety

When teaching PSHE teachers ensure all planned lessons and activities adhere to the School's Health and Safety Policies and risk assessments. These are contained within the Statement of Purpose and Health and Safety Files.